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| **Title:** | **Creating Habits for Excellence (MORNING)** |
| Target Audience: | Educators |
| Presenter Biography: | **Brad Buie** was born and raised in Victoria. He is the University of Victoria’s Awards Facilitator and serves on the Alumni Board of Directors. As a freelance writer and presenter, his interests span both the arts and the sciences, with a particular interest in leadership psychology. He graduated with distinction with a Bachelor of Arts in 1999. |
| Workshop Summary: | Aristotle said, “We are what we repeatedly do. Excellence, then, is not an act, but a habit.” But how do we create these habits of excellence and erase the habits that impede us? This presentation answers these questions, both for individuals and organizations, with reference to the latest research. |

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| **Title:** | **How We Learn: The Neuroscience of Human Learning (AFTERNOON)** |
| Target Audience: | Educators |
| Presenter Biography: | **Dr. Krigolson** is a neuroscientist at the University of Victoria whose primary research areas are human learning and decision-making. Prior to graduate school for his MSc and PhD, Olav taught at the high school level for four years. |
| Workshop Summary: | How do we learn? What do we learn? How can we facilitate learning? In this workshop I will provide answers to all three of these questions. The material I present will be grounded in the latest neuroscience research and will hopefully allow you to better understand what is going on in your students brains while they are in your classroom. The workshop will also include some interactive elements where you will get a chance to discuss how we can take the latest “theory” and put it into practice. |